

Pesach Seder Companion



For Artscroll Youth Haggadah

The Four Cups of Wine: Pages 12,36,45,54

At the Seder, every Jew should drink four cups of wine corresponding to the four expressions of freedom mentioned in the Torah (Exodus 6: 6-7).

- 1) Since we are free people this evening, each person should pour the wine for another as if we are kings who have servants.
- 2) If one cannot drink wine, grape juice may be used. (it's best to mix as much wine as possible with the grape juice)
- 3) The cup should hold at least 3.3 ounces. (If the Seder falls out on Friday night, the first cup should hold at least
- 4.42 oz.) One should try to drink the whole cup, if this is difficult at least more than half should be drunk.
- 4) Men should lean to the left while drinking.

Three Most Important Topics of Discussion at the Seder pg.32-34

The Haggadah states"...One who does not discuss three things has not fulfilled his minimum Seder obligation and these are the three; (1) Pesach (Passover lamb offering), (2) Matzah and (3) Marror (Bitter Herbs)". It is therefore very important that the meaning and reasoning for these things should be discussed at the Seder.

Matzah: Page 37

It is a mitzvah from the Torah for every Jew to eat **Shmura Matzah** during the Seder. Shmura Matzah is specially supervised matzah which can be found in packages marked as "Shmura".

- 1) At least ½ of a square matzah or 1/3 of a traditional round matzah should be eaten.
- 2) One should try to eat the Matzah within about 3 minutes.
- 3) Men should lean to the left while eating the Matzah

Marror (Bitter Herbs): page 38

- 1)The amount of Romaine Lettuce equal to 2 large leaves (8X10 inches) or 1.1 fl. ounces (compacted) of fresh ground horseradish root (not jarred horseradish) should be eaten. (it should be ground before Passover)
- 2) Extreme care should be taken to clean and check the lettuce since frequently there are very often small bugs in the leaves.

Korech (Matzah and Maror sandwich): page 38

1) We make a sandwich using the same amount of marror as before and at least 1/3 of a square Matzah or $\frac{1}{4}$ of a round Matzah

Afikomen: page 39

1) We eat the Afikomen Matzah. The same guidelines as Matzah above.